

Start and Finish: 173172 NT Carpark North Buttermere	Magnetic Bearing	Dist- ance Metres	Height Metres	Time Mins r = rest	Time from 0630	Description of Route	Escape Route
172163 NW Corner of Buttermere Lake	184	1000	-30	15	0645	Descend SE on road to Bridge Hotel, Turn R, pass to L of Fish Hotel, follow path to NW corner of Buttermere Lake	Return to Car Park, bearing 004
173157 RH bend in path	175	600	+200	39	0724	Ascend stepped path through Burtness Wood, go though gate at top of wood and continue to RH bend in path	Rtn on 355, then as above
168158 Sourmilk G	278	500	+150	30	0754	Follow path almost due W to Sourmilk Gill	Rtn on 098, then as above
166155 Bleaberry Tarn	214	350	+40	11 +10r	0815	Stay on S south of Gill walk SSW to Bleaberry Tarn	Rtn on 034. then as above
163156 Col below 'The Saddle'	298	400	+120	24	0839	Cross Sourmilk Gill, head W up path, after c.16 min take small path to R that takes you to the Col.	Rtn on 118, then as above
163157 Dodd Summit 641m	040	100	+20	5 +10r	0854	Walk to top of Dodd : Meet Marshal	Rtn on 220, then as above
160154 Red Pike 755m	220 232	100 350	-20 +130	2 24+5r	0856 0925	Retrace steps to Col, then climb 'The Saddle' ridge to Red Pike. This is steep and loose in places. Meet Marshal.	Rtn to Col on 040, then 052, then as above
160152 S of R.Pike	186	150	-20	3	0928	Walk S to ridge path	Rtn on 006 to R. Pike, as above
165147 W of High Stile	136	700	-20 +30	14	0942	Keep Chapel Craggs to your L, follow old metal fence posts to point path edges L and begins to climb	Rtn on 316, then as above
167147 H Stile 806	104 138	250 50	+60 0	10 1	0952 0953	Ascend to 1 st summit cairn 806m on 104,	Rtn on 284,
169147 H Stile 807	068	100	0	4+ 10r	1007	then go 50m on 138, then 100m on 068 to 2 nd summit cairn 807m. Meet Marshal.	then 318, then 248, then as above
170145 Above Eagle Crag	178	250	-60	6	1013	Descend steadily, picking up old metal fence posts	Rtn on 358, then as above. DO NOT go off NE ridge of H Stile.
177141 Above White Cove	124	850	-10	13	1026	Walk on ridge path, follow old metal fence posts.	Continue on to Scarth Gap
180140 H Crag 744	096	250	+30	9+5r	1040	Ascend gradually to High Crag, meet Marshal.	Continue on to Scarth Gap
184135 Col to Seat	140	600	-250	20	1100	Descend down Gamlin End (very steep and initially loose).	Continue on to Scarth Gap
185134 Seat 561m	130	200	+30	8+10r	1118	Gently ascend to Seat, meet Marshal on first bump of Seat	Continue on to Scarth Gap
187133 Path bend	128	200	-30	6	1124	Steady descent	Continue on to Scarth Gap

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189133 Scarth Gap	094	200	-60	6	1130	Steep descent to Scarth Gap	Continue to Scarth Gap, then 332 to Buttermere Lakeside
192132 Haystacks 597m	110	400	+100	20 +10r	1200	Steep climb to Haystacks, meet Marshal.	Rtn to Scarth Gap on 290, then as above
202129 Blackbeck Tarn	180 097	120 880	0 -90	2 18	1202 1220	Go 120m due S from summit cairn along ridge to path that then curls L to Innomate Tarn. Continue on to Blackbeck Tarn	Continue to Warnscale Beck
208133 Warnscale	58	900	-50	20	1240	Path goes L of Little Round How to Warnscale Beck	Continue to Warnscale Beck
225135 Honister Pass	338 88 86 86	100 100 625 875	+10 +10 +70 -160	2 2 16 20+40r	1242 1244 1300 1400	Cross Beck, go L up path for 100m then Go sharp R straight up to Dubs Quarry Building On 086 walk through narrow walled cutting (60m from bldg) and up tramway path to remains of Drum House on summit. Descend to Honister Pass, there is a zigzag after c.700m	Continue to Honister Pass, then catch bus back to Buttermere. There are provided refreshments and toilets here.
223153 Dale Head	356	1750	+400	55+10r	1505	Steady climb, cross fence over stile after 15min. Meet Marshal	Rtn to Honister on 176
214157 Path junct.	300	1000	-90	15	1520	Descend Hindsgarth Edge path to Col	Rtn on 120 to D Head as above
215164 Hindsgarth	006	800	+70	15+10r	1545	Take RH path that climbs steadily almost N. Meet Marshal	Rtn on 186, then as above
207162 Col :L Edge	205	1000	-150	15	1600	205 from top to find unmarked path that curls R & cuts corner	Continue on to Robinson
202168 Robinson	295 328 000	400 300 250	+90 +50 +20	15 10 5+10r	1615 1625 1640	Follow fence up above Robinson Crag and then above Hackney Holes. As steepness lessens go N to summit. Meet Marshal.	Continue on to Robinson
187169 High Snockrigg	238 278 320 270	625 500 250 250	-190 -60 0 +40	10 8 5 10+10r	1650 1658 1703 1723	From summit 238 to find small path that descends & curls R. Cross Buttermere Moss. Path is level heading to R of High Snockrigg. At 189169 go L, due W, across open hillside to Snockrigg. Meet Marshal.	Continue on to High Snockrigg.
173172 NT Car Park Buttermere	028 270 250 324	300 1200 300 200	-20 -380 -40 +30	5 30 6 6	1728 1758 1804 1810	Walk on 028 to rejoin main path, turn L onto it. Descend Steeply down zigzags heading W to join the road. Return by road to The Bridge Hotel in Buttermere. Go up road to finish in Buttermere NT Car Park.	Continue on to Buttermere NT Car Park.
TOTALS		20.325 km	+1730 -1730	9hr20m 2hr20r	11hr40	Total Walk Time : 9hr 20 min (40min walk time spare) Total Rest Time : 2hr 20 min	Proceed to BBQ and evening of <i>energetic</i> entertainment.....